

Welcome to your new magazine find out more about what to expect from your final semesters at Mounts Bay and how to make them even more enjoyable.



Key dates for your last two semesters at Mounts Bay WELLBEING

Tips on how to look after yourself



P3 / SUBJECT FOCUS

What each subject will be focussing on this semester.

USEFUL WEBSITES

A few websites that may be useful for your revision.



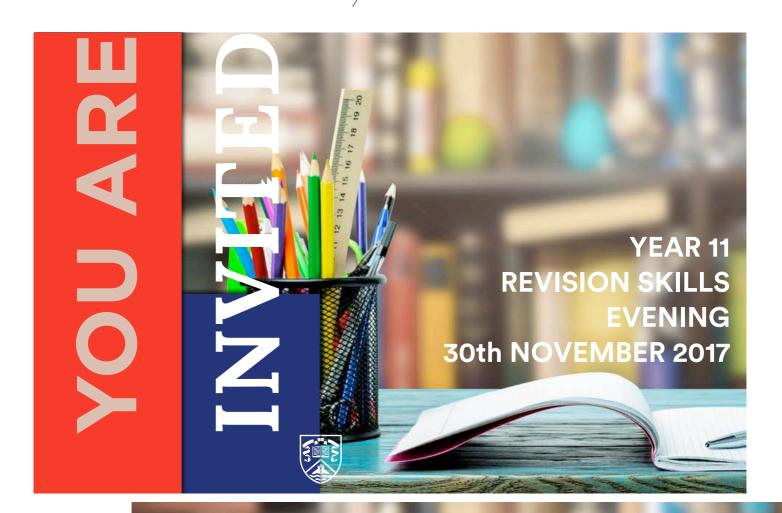
KEY CONTACTS

Contact details of key staff during your final year.

Connect

NOVEMBER 2017

THE MAGAZINE FOR YEAR 11 STUDENTS AT MOUNTS BAY



Mounts Bay is or find out how cour The evening will

interesting and in

We have ensured that the numbers for each workshop will be small to allow for plenty of engagement.

Please join us for the evening which will last no longer than 90 minutes and will give you lots of invaluable information and tips in a relaxed and informative atmosphere.

I found the revision skills programme a brilliant way of finding out just how much can help my child at one of the most important times of their lives.

Parent Comment 2016

Key Dates for your diary

Thursday 30th November 2017

Year 11 Revision Skills
 Evening for parent/carer and child (letters sent home)

December 2017

 After school subject masterclasses to start (details to follow)

Thursday 11th January 2018

 Year 11 Intervention Evening by invitation only

Monday 22nd January 2018

• Mock GCSEs commence

Friday 2nd February 2018

Mock GCSEs finish

Wednesday 7th February 2018

MBA Careers Fair 10:30 am -3:30pm

Monday 14th May 2018

• GCSE Exams commence

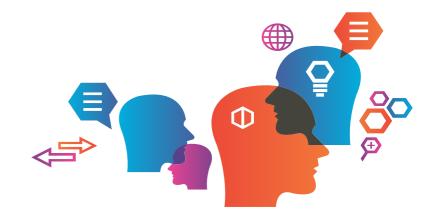
Thursday 21st June 2018

GCSE exams finish

Friday 6th July 2018

Year 11 Leavers Prom





Believe in yourself!,,

Wellbeing Advice

LOOKING AFTER YOURSELF

Stressing over exams can often lead us into negative behaviour, like cramming in as much revision as possible in a short time. Students can end up filling every waking hour (and a few when they should be sleeping) with past papers and course revision. None of that is healthy and can actually be counter-productive. Performing well in your exams requires revision and preparation, but it also needs you to be in top form physically and mentally. That entails looking after your own wellbeing by sleeping well, eating healthily (not litres of Red Bull!) and exercising. Passing an exam is as much about how you slept, ate and exercised as how many hours revision you managed. Anyone who has tried to concentrate on half a night's sleep can also testify to improved focus with a full night's restful sleep.

MAKE A REVISION PLAN

Don't leave it until the last minute. While some students do seem to thrive on last-minute cramming, it's widely accepted that (for most of us) this is not the best way to approach an exam. To help sort out your time management, set up a timetable for your revision. Write down how many exams you have and the days on which you have to sit them. Then organise your revision accordingly.

EAT WELL

Keep blood sugars level to avoid highs and lows of energy, by eating slow release foods like bread, rice, pasta and plenty of fruit and veg. Top brain foods include nuts, yoghurts, eggs, blueberries, and dark chocolate! Keep hydrated by drinking lots of water.

LISTEN TO MUSIC

Listening to music can create a positive and productive environment by elevating your mood and encouraging you to study more effectively and for longer. Classical music is recommended as the best type of music to boost your brain power but ambient music can work too. Check out the playlists online to easily find what works for you.

TALK ABOUT HOW YOU ARE FEELING

Express any worries or fears you may have as soon they pop into your head, talk to your teachers, parents, carers and friends. They are all there to help and support you.

Subject Focus During The Winter Semester



Science

Year 11 students have just completed the Combined Science Trilogy GCSE course content and the Biology, Physics and Chemistry GCSE courses. All lessons up to the exams in May 2018 will involve revision based activities.

Geography

Year 11 Geographers are investigating the 'Living World' and developing a greater awareness of how human life interacts and impacts on these systems. Students will move on to investigating the 'Changing Economic World' as the New World Order begins to establish itself.

Maths

This semester students will be studying graphs, simultaneous equations, Pythagoras' theorem, trigonometry and inequalities.

HPI Economics

Students will be continuing their study of 'How the Economy Works' looking specifically at macro-economic issues such as inflation, monetary policy and how the government controls the economy.

English

Year 11 English students will be completing revision of key literature texts and preparation for Paper 1 of their English Language examination.

History

Year 11 Historians are currently working on their Thematic study. They are looking at Britain: Health and the People c1000 to present day. Students are acquiring knowledge of the historical content and learning and practising skills required for the exam paper. These include comparing change over time, significance and source for analysis for utility.

PE

Pupils are required to analyse and evaluate a competitive performance in one of their three activities from the AQA specification. They need to analyse their strengths, weaknesses and create an action plan suggesting ways the performer can improve their weaknesses.

Music

The students are beginning their composition to a set brief this semester. We will also be studying our final area of study 'The Western Classical Tradition since 1910'. All performances will be completed by the end of the semester.

RSL Music Technology

Students are continuing to develop their knowledge and skills in composing using Music Technology. Their composition will be completed by the end of the winter semester.

Food and Cookery

Students will be given the opportunity to bring together their learning skills developed throughout the course, to produce a menu in response to a brief. Learners will plan, make and review their completed dishes.

Media

Students will be exploring a variety of case studies in relation to the exam topic: Serial Television Drama, with a focus on the four key concepts (language, target audience, representation and institutions), as well as completing pre-production tasks based on their own idea for an original TV series.

French, Spanish and German

We will be looking at what is required for top marks in the final exams. Having just completed the mocks, we will be spending time reflecting on strengths, weaknesses and opportunities for the final exam.

Rueinaes

During this semester Year 11 Business students will be using one lesson per week to prepare for their January examination. The other lesson will be spent developing their own enterprise project and running a business.

Art, Graphics and Photography

Students will be consolidating and finalising the 60% coursework unit and then starting the 40% external examination from 4th January 2018.

ITO

Students are completing their websites and other products for assessment. They have been given recommendations on how to improve and have exemplar work to compare against theirs. The target for this to be finished is Christmas. As soon as their work is moderated as passed, we will then begin revising for the theory test which decides the final grade.

Useful Websites

https://www.bbc.co.uk/education

www.geographyrocks.co.uk/revision

https://getrevising.co.uk/planner (create your own study planner and access other revision tools)

connect.collins.co.uk/school/defaultlogin.aspx

username: mbapupil password: ilovescience)

hegartymaths.com

(students have logins)

www.memrise.com (languages)

https://revisionworld.co.uk

www.tassomai.com (students have logins)



Useful Equipment

For revision:

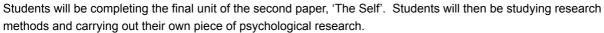
- · Fine-point coloured pens
- · Highlighters
- Scientific calculator
- Revision guides
- Past exam papers
- Textbooks
- · Access to a computer and printer
- Post it notes
- · Note or record cards
- Notebooks
- folders/files

For exams:

- · Clear pencil case
- Black pens
- · Pencils
- Eraser
- Compass
- Protractor
- Scientific calculator
- Ruler

Subject Focus During The Winter Semester







Students will be continuing with their child study Controlled Assessment and completing work on healthy eating.

Italian

We will be reviewing Controlled Assessments which constitutes 60% of the final grade, as well as identifying key vocabulary required for the final exams.

Citizenship

Students will look at the nature of laws and the principles upon which laws are based, how the citizen engages with legal processes, how the justice system operates in the UK, how the laws have developed over time and how society deals with criminality.

Computer Science

This semester students are completing their Non Examined Assessment (20% of their final grade) in examination conditions. They should be practising their coding at home so they are prepared in school to complete the tasks.

Drama

Year 11 are completing their Unit 2 coursework, which is a devised performance and written log. This counts as 40% of their actual exam. Practical performance exam is on Thursday 30th November at 2pm. Written log deadline is Wednesday 13th December. We will then begin Unit 3, set text 'Blood Brothers'. Students will perform two contrasting scenes in front of the examiner (20%).

Useful Contacts



Megan Westren Head of Year 11 mwestren@mountsbay.org



Sue Mudd Learning Support Mentor Year 11 smudd@mountsbay.org



Rob Finch Vice Principal rfinch@mountsbay.org



Sarah Eddy Finance Assistant/Year 11 liaison seddy@mountsbay.org 01736 352322



Julia Robinson Exams Officer jrobinson@mountsbay.org



MOUNTS BAY ACADEMY

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Forthcoming Further Education Open Days

Saturday 25th November 2017
Penwith College 10am - 3pm.
Duchy College Rosewarne and Stoke Climsland 10am-12pm

Thursday 7th December 2017
Truro College 5 -8pm.

Saturday 27th January 2018
Cornwall College, Camborne 10am - 12pm

Contivali College, Cambonie Toam - 12pm